

# Level 1

## Course Fact Sheet

# Catastrophic Bleed Control

### Award in controlling and treating catastrophic bleeding.

This course provides learners with guidance on catastrophic bleeding control, including dealing with the inherent dangers associated with the use of tourniquets and haemostatic dressings whilst administering First Aid in a high-risk working environment. All learners must hold an in-date Level 3 Emergency First Aid or Level 3 First Aid at Work qualification.

#### Mandatory Units

- Unit 1 Catastrophic Bleed control

#### Duration

A minimum of 3 hours tutor contact, consisting of practical and theoretical activities.

#### How is the qualification assessed?

The tutor will carry out ongoing assessment throughout the course, with a written assessment on completion of the session.

An RQF Certificate is issued on successful completion of this course. There is no expiry date on this certificate, However it is recommended that candidates attend this course every 3 years to refresh their skills.

#### Syllabus

A range of subjects are covered including: -

- Equipment
- Primary Survey
- Catastrophic Bleeding
- Haemostatic Dressings
- Tourniquets
- Top-to-Toe Survey
- Environmental Issues
- Handover to Emergency Services

#### Numbers

Due to the practical nature of this course, a maximum of 16 candidates can attend per session  
Minimum age of 18 years.

#### What next?


Individuals achieving this qualification can progress onto:

- Level 3 Award in First Aid at Work (RQF)
- Level 3 Award in Emergency Paediatric First Aid (RQF)
- Level 3 Award in Paediatric First Aid (RQF)

#### Where can this course be taken?

This course can be conducted at your premises or at an external venue  
Contact 1<sup>st</sup> Line Training for further details.

E: [enquiries@1stlinetraining.org](mailto:enquiries@1stlinetraining.org)

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